

SILVER STAR SUMMER PARTY

TROLLS

12-2PM SATURDAY JULY 8TH

The annual Summer Party brings together many families who have been touched by the Silver Star Unit's expertise and care. Children and parents alike enjoy time together and to raise funds for this unique charity, which supports the Silver Star Unit. There will be many stalls and refreshments and Princess Troll will entertain the children.

All welcome.

Record Breaking ELEVEN Silver Star Runners

Marathon, raised an amazing £17,000 to date, with more coming in! We cannot thank you enough for all the hard training and preparation that went into this incredible achievement. You are all STARS in our eyes! Congratulations to each of you, and thank you to all the generous sponsors who make it all worthwhile.



Supported by Oxford University Hospitals Charitable Fund Registered Charity No: 1057295

Offering special care to mothers with medical complications in pregnancy

Welcome to the Silver Star Newsletter



ALL WELCOME !

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Please find enclosed £10 of raffle tickets and a pre-paid envelope to return your signed stubs with payment to Maggie. The 1st Prize is £200, and there are many vouchers for meals and family days out to be won. Please make your cheques out to 'Silver Star Society' as usual.

Thank you.

The Silver Star Team



Dates for Diary

Quiz September 16th 2017

Christmas Party December 2nd 2017

Thank you - Donations from May 2017

Many thanks to everyone who has given us their time, energy and support over the past six months.

Gemma Harris for baby clothes

Mrs Thompson – in memory of her Granddaughter Sasha Van Maurik

St Andrews Church, Headington

Charlotte Harris

Mr Jones – in memory of his wife Dorothy Rita Jones

Eleanor & David Harvey in appreciation of care received while having James & Fraser in 2012

Harley Davidson UK & Ireland staff collection

Mrs Irene Hutchinson for knitted items

Anne Taylor who instead of presents for her 70th birthday asked friends & family for donations

Libby Unsworth

Cottons Chartered Accountants – Staff Christmas party fundraising

Charlotte & Vincent Romanelli – in appreciation of care

Shaina & Richard Western-Johnson family – in appreciation of care

Ann Faithful - knitted items

Emma Carter – knitted items

Heather Jeffries – knitted items

Lindsey Oultram – knitted items

Ann Clements – knitted items

Sandra, Trish & Jo from "Closely Knit" – knitted items

Kathie Clark Turn2Us – knitted items

Carol Cresswell – knitted items

Toni Evans – our lovely MSW

Sambert Kumar Panada

Brigitte Gant

Mr & Mrs Iannucci

Beal UK – Nick Blowfield

Ken Whittaker

Bec Wright - Thank you so much to everyone on the Silver Star ward (and MAU) who looked after me and my baby son after he was born on 20 December 2016. You do an amazing job x

Nina & Jason Davis - A huge thank you to the MW and MW Support Workers.....there isn't enough money in the world to show our appreciation for the care they provided in our 4 night stay.

Chloé, Simon and Mark Ashbell - We really appreciated the excellent team of staff and facilities we benefited from during and after the birth of Mark in January

Paul and Marine Davies - Thank you for the whole Silver Star team for your help and support to make sure Luca arrived safely

Melanie and Graeme Christianson in appreciation of care received

Rachel & Stephen Harper asked for donations instead of presents for their son Rory a SS baby

Laura Shankland, a 2003 Silver Star baby, raised funds for the Silver Star Society by walking 18 miles along the Ridgeway as part of the Scouts 2016 Winter Challenge.

Becky Harding and Claire Bowden - from the sale of refreshments at the Baby & Children's Booty held at Carterton Community Centre.

Runners tell us about their Marathon run and what spurred them on to do it:

Glenn Dearlove:

"During our pregnancy with our first baby we were told at 26 weeks that she had stopped growing and that we were being referred to the Silver Star unit at the JR for monitoring. This was scary news to receive and a big shock to the system, Silver Star couldn't give us all the answers to our questions, pregnancy isn't that straight forward, but they gave us much needed support and guidance.

Becky, my wife, had to stay in hospital for a further 7 weeks hooked up to various machines to track Becky's health as well as our baby's progress.

When Izzy was born at 2lb 9oz we had access to one of the Silver Star family rooms, meaning we were able to stay at the hospital for a few days, making Becky's recovery easier and meant we could both be close to Izzy while she was growing in an incubator under the watchful eyes of the amazing nurses of the Special Care Baby Unit. She was discharged just four weeks later weighing 3lb 6oz.

We are now expecting our second child and speaking with Silver Star was an important part of the planning process, knowing that they are involved from start to finish, looking after Becky and baby is massively reassuring."



Tony Giddens:

"Thank you so much for the opportunity to run. I met three of the team on Sunday who I never knew before. I ran with Anthony until Tower Bridge, I met Linsey at the start and Jessica tapped me on the back as she flew past at around 20 miles! A brilliant day and so pleased I hit the £1000 mark in donations. I was starting to panic a little about 3 weeks ago but it all came good. I hope it helps."



Simon Turner:

"Home safe and sound. What a fantastic day. It didn't all go to plan as an injury put an end to my target time but finished in 4:35:33. Wow, really smashed the £10k target! Great job everyone. "



Linsey Cresswell:

"I met up with two of the guys running for Silver Star at the start and also met a lady on the way round. Maybe next year I can support Silver Star by helping with preparations instead of running it, although I am already thinking next time..."

Lily O'Connor:

"It was my worst time as my right knee was so painful, but I am so glad I finished it."



Tom Davies:

"Just over a year ago, my wife Jules gave birth to our son Finn. From her first contraction it took 52 hours of labour before the decision to perform an emergency caesarean was made. It was during this period that Finn gave us a few scares with his heartbeat dropping from time to time due to a reaction to a hormone drip. A crash team of doctors running in at this point certainly reminds you of human mortality.

During and after those worrying hours in the John Radcliffe Maternity Unit I was amazed at the professionalism and care which Doctors, Nurses and Midwives offered.

I don't think anyone is under any illusion that hospitals struggle and that wards like the Maternity Unit run mainly on good will and love to make people well again. Running the London Marathon is a small thing I can do to say thank you."

THANK YOU TO EVERYONE FOR YOUR AMAZING FUNDRAISING ACHIEVEMENTS.

“I am so pleased to be able to support this great charity.”

Anthony Wise

“What a fantastic day”

Simon Turner

“...I am so glad I finished it.”

Lily O'Connor:

“What an incredible experience!”

Angela Kerr:



Jessica Fleminger:

“Thank you so much to all my lovely supporters who put up with some very tedious running chat over the last few months. A week later the aching is finally over and I can walk downstairs without holding on for dear life. There were ups and downs in training, and on the day itself, but I am so glad I did it, especially raising money for such a wonderful charity. Phew!”

Emma Walker:

“What an incredible experience! The London Marathon was everything I had ever dreamt of and the sense of elation at finishing is incomparable. I felt incredibly proud to run on Sunday 23rd April wearing my Silver Star vest, knowing that the funds I raised would help expectant mothers and families through the difficult times of a high-risk pregnancy. The Silver Star Unit helped me seven years ago and I am delighted to have been able to give something back to further the important work they do.”

Angela Kerr:

“Matt, our Silver Star ‘baby’ is now aged 22! He got married last summer and he is very happy, living in Brighton with his lovely wife Rachel. He is pursuing a career in music and graphic design. I am so grateful to the Silver Star unit for the care I had during my pregnancy and his birth.”

Anthony Wise:

“As the father of two girls we consider ourselves very lucky, that we didn’t need the care of the unit, however we have friends and family members who were under the care of Silver Star and know all too well the amazing work they do and without them some of those children may not be here today. It’s because of Silver Star’s great work that they are. I am so pleased to be able to support this great charity.”

Tracey Cox:

“Made it home in one piece with my medal and all 10 toe nails!!

Celebrating at a Bruno Mars concert this evening so might be a different story tomorrow! A few miles in I met another Silver Star runner among the 39,000 runners that day so was nice to find her. Delighted to have tipped the £2,000 mark with gift aid too!”



Helen Osborne and Hannah Hooper in the Reading Half Marathon

“On Christmas Eve 2015, after 27 hours of complicated labour our wonderful little boy Grayson was delivered via an emergency caesarean. Unfortunately moments later I suffered a large post-partum haemorrhage. The Silver Star team worked for over 5 hours in surgery to control the bleeding and save my life.

As a gesture of the massive gratitude I owe the Midwives, Doctors and Anaesthetists, I completed the Reading half marathon with my amazing friend Hannah Hooper. We are very pleased to have raised £1,327 for the Silver Star Society.

I can never thank enough the staff who looked after me, and the kindness the midwives showed us on the delivery suite, in theatre and on Level 6. You are all truly amazing, thank you with all our hearts.”



THANK YOU TO EVERYONE FOR YOUR AMAZING FUNDRAISING ACHIEVEMENTS.

Shaina Western tells us why the Family Rooms made such a difference to her and her family at a very difficult time

"At 35 weeks of pregnancy I was diagnosed with pre-eclampsia and at 36 weeks I was admitted into the hospital for monitoring. Our boys were born at week 37 exactly, essentially the soonest that they were able to book an elective C-section due to twin 1 being breech. Our boys were born

at healthy weights (10lbs 1oz for Ryker and 6 lbs 5oz for Aidan) but soon after the section it became clear that I was unwell and getting worse. I was monitored on Level 2 for two days, as the day after our sons were born I was diagnosed with HELLP, a severe form of pre-eclampsia. By the following day I was recovered enough to move to Level 6, where we were put in the Silver Star Family Room.

Having the Silver Star room was a god-send to us. Richard and my sister both stayed the night with me since I wasn't able to be alone. When we had additional visitors to make sure that the babies and I were properly monitored there was plenty of space for everyone without it being crowded (and with two cots). The fridge and microwave meant that we could

have a supply of healthy food to help me recover and develop (and store) my milk supply. Most importantly, the room was a quiet oasis where Richard and I could care for our babies away from a noisy ward. Because of the pre-eclampsia my blood pressure had to be monitored 24-7 and if we had not had a room where Richard could stay with us we would have been left in a bay of four. Because of the C-section and the pre-eclampsia I needed the extra help to take care of the boys and I fear that without the room I would have not recovered as well or Richard would have had to take the boys home without me. We are very grateful that the family rooms exist and that they are well maintained. We spent seven days in that room and it meant that we could bond as a family despite



the medical complications that I faced. We are forever grateful to the Silver Star Society for creating and maintaining the rooms so that women like me who are ill in pregnancy can have the support that we need to recover."

Silver Star Unit News

In addition to celebrating Ali's birthday, the Silver Star team welcome back midwife Rebecca Rogers who has been working in other areas of the maternity service for the last 6 months.



This week we will also be welcoming back midwives Helen Crichton and Giada Giusman who have been working down on Delivery Suite.

The cake is an apt reminder that the Silver Star team will be hosting the cake stall at the upcoming fete where we will be hoping to see as many of you as possible. If anyone feels able to bake a contribution, please let us know. (beth.albert@ouh.nhs.uk).

Fans for Level 6

Lisa was a Silver Star inpatient on Level 6 during some very warm days last summer. She needed a fan at her bedside, but we were unfortunately unable to find one for her. The couple then decided that they would fundraise for some fans for us, and following kind donations from friends and family, presented Level 6 with 25 individual fans so that each bed space has one, how wonderful, and we are all so grateful.



With thanks to Mr & Mrs Bowers and baby Lyla.

Regular Donations

Regular monthly or annual donations are a simple way to enable us to continue to provide our unique care and research. This will allow us to plan ahead and support long term projects, which are doing so much to uncover the root causes of illness in pregnancy. You can donate as little as £3 per month.

The easiest way to donate regularly is to set up a direct debit or standing order. Remember to quote fund number 0347-Silver Star. Please find instructions on the website.

Join the Silver Star Society

To become a member and receive the newsletter completely free of charge please email Maggie or fill out a form on the ward. Please tell us if you would like your baby's name and details printed as this does not automatically happen.

If you would like to take a more active part in the Society, please join our committee, you will be hugely welcomed! Much planning goes into our events, and committee members are greatly appreciated. Please contact Maggie if you can help. Thank you.

Contacts & Information

To include your babies name, date of birth & weight in our next newsletter, please email your details to Maggie

Social Media

Please join our Facebook page and follow our Twitter account to help us promote our wonderful charity and share the knowledge we have gained. Please encourage your family, friends and colleagues to do the same.

Contact Details

Maggie Findlay, Silver Star Society Office, Level 6, Women's Centre, John Radcliffe Hospital, Headington, Oxford OX3 9DU.

Tel. 01865 221718

E-mail: silverstar.society@ouh.nhs.uk

www.silverstaroxford.org

www.facebook.com/www.silverstaroxford.org

Twitter: @SilverStarStar

Baby Names from May 2017

Archie James Thomas Woodley

16th October 2016

5lb 15 ¼ oz

Savannah Catherine Stephen

22nd October 2016

4.06KG

Oscar Gillett

25th October 2016

4135g

Esme Iley

25th October 2016

7lb 12oz

Lilly Clifton

28th October 2016

Alexandra Maria Hames

12th November 2016

8lb 11oz

Grace Olivia Furze

18th November 2016

5lb 6 ½ oz

Chloe Lewis

22nd November 2016

6lb 10 ½ oz

Thea Awen Hale

27th November 2016

980g – 2lb 2oz

Tobias Arthur Gamage

7th December 2016

9lb 1oz

Genevieve Alexis Hurrell

12th December 2016

6lb 12oz

Ananya & Leo Tubb

13th December 2016

980g & 1680g

Everleigh Grace Williams-Raist

14th December 2016

7lb 4oz

Franklin Huckleberry Rasdall

22nd December 2016

8lb 8oz

Mark Oliver Ashbell

29th December 2017

7lb 4oz

Miguel De Ocampo Rebelo

30th December 2016

2.58 Kg

Damian Damianov

4th January 2017

3.555kg

Holly Wakefield

9th January 2017

6lb 1oz

Charles Leo Foster

9th January 2017

7lb 15oz

Laura Claire Bone

10th January 2017

2670g

Maddison Alice Boore-Andrews

11th January 2017

7lb ½ oz

Jack William Paul Henson

11th January 2017

5lb 2 ¾ oz

Finley Stobo

14th January 2017

6lb 13oz

Ava & Ayla Eggleton

24th January 2017

790g & 960g

Margot Rose Bluebell Harris

27th January 2017

6lb 14oz

Hyrach Nalumansi

29th January 2017

3.2Kgs

Ava Louise Davis

1st February 2017

7.5lbs

Ava Joy Eaglestone

2nd February 2017

5lb 4oz

Beatrice Heather Gane

2nd February 2017

5lb 12oz

Israel Temitope Williams

7th February 2017

820g

Scarlett Jane Davies

8th February 2017

6lb 3 ½ oz

Isobel Florence Siggie Wright

Toby Robert Set Wright

13th February 2017

2540g & 2885g

Pippa-Mary Galliford

16th February 2017

1280g – 2.822lbs

Elsie Isabelle Gordon

19th February 2017

8lb 4oz

Charlie James Wedge

23rd February 2017

7lb 2oz

Charlotte Luna Deflorio

24th February 2017

2.545Kg

Eleanora Isla Reed Burdett

25th February 2017

4lb 10oz

Elissa Mae Ellena Eaglestone

25th February 2017

4lb 10 ½ oz

Demi Shirley Bruton

1st March 2017

6lb 8oz

Molly Violet Parsons

6th March 2017

9lb 1oz

Theo Sidney Robert Carter

7th March 2017

6lb 4 ½ oz

Poppy Emily Keen

9th March 2017

6lb 5oz

Matthew James Hill

11th March 2017

2220g

Lily Rose Wright

21st March 2017

7lb 8oz

Huda Moaeed

22nd March 2017

2130g

Oscar Walker-Bradbury

26th March 2017

5lb 15 ½ oz

Megan Georgina French

27th March 2017

7lb 6 ½ oz

Ralph Latimer

11th April 2017

4lb 1oz

Benjamin Timothy Warner

14th April 2017

6lbs 10 ½ oz

Wade Reginald Minshall

15th April 2017

8lb 11oz

Jacob Albie-Ryan Hobbs

19th April 2017

7lbs 9oz

Philippa Eva Grace Chapman

20th April 2017

8lb 6oz

Rhys Kristian Phillips

21st April 2017

9lb 1oz

Lacey Rose Pollard

22nd April 2017

9lb

Baby's names not previously recorded:

Evan Jonty Williams-Raist

12th June 2014

Jonty Reuben Williams-Raist

Born sleeping on 21st August 2013

Julia Boyer

24th September 2016

3.74 Kg

Florence Mary Jane Green

5th May 2017

5lb 2oz

Vinnie Ian Moss & Reggie George Moss

2nd February 2017

5lbs 7oz & 5lbs 13oz

Ayden Asjad Khan

11th April 2017

3.23 Kgs

Milosz Sebastian

3rd May 2017

4415 Kg

Harrison Gee

9th May 2017

9lb 2oz

