

THE Abseil!



CHARITY CHALLENGE
Abseil 100ft from the
Women's Centre, JR

SUNDAY 22 APRIL 2012

Supporting:

Coasters
Silver Star
I.M.P.S.
Post Acute Unit
Heart Centre Campaign

SUNDAY 17 JUNE 2012

Supporting:

Heads up
Acute General Medicine
Cellular Immunology
Research
Oxford Cancer and
Haematology Centre



OXFORD RADCLIFFE HOSPITALS
CharitableFunds

**Do something amazing
with your Sunday**

See Oxford from a different angle...

Sunday 22 April and Sunday 17 June

There are many different wards, departments and groups that make a very positive impact on patient care right across the Oxford University Hospitals NHS Trust.

Charitable Funds and associated organisations help support the work of the Trust and for the fourth year running, 'THE Abseil' sees several different Funds working together fundraising for each of the good causes. Over the years 'THE Abseil' has raised tens of thousands of pounds to support a diverse range of Funds benefitting thousands of patients from across the region.

You can help too by simply selecting the Fund you would like to support and completing the entry form overleaf.



Pictured left is Susan Pickering after having just abseiled.

Front cover features Doreen Manders who abseiled with her daughter Sharon,

The Participating Funds

Coasters. Since 1995 *Coasters* has assisted people with experience of mental health problems and of limited means to participate in challenging sport and outdoor adventure activities. This helps increase confidence, self-esteem and positive social relationships, providing a lasting basis for self-development, challenging social exclusion and stigmatisation

Post Acute Unit cares mainly for frail and vulnerable people. Staff on the unit have started to create a new day room and are raising funds to complete the furnishings and provide activity equipment to help keep patients stimulated

I.M.P.S. The *Injury Minimization Programme for Schools* empowers children to take responsibility for managing their own risk and teaches them skills to cope in an emergency. I.M.P.S. works towards preventing unintentional injury by teaching risk awareness, first aid, resuscitation skills and injury prevention to over 5,000 local Oxfordshire school children annually. More information can be found at www.impsweb.co.uk

Silver Star. The *Silver Star Society* on Level 6 of the Women's Centre supports the unique Silver Star Unit helping Oxfordshire Mums and their unborn babies through problematic pregnancies. Please support our fundraising for a variety of projects including: breast pumps for Level 6, Midwifery Bursaries, plus a document archiving system that's vital for our ongoing research into pre eclampsia and other pregnancy related problems

Heart Centre Campaign. Echocardiography is a crucial diagnostic tool used across the Oxford University Hospitals NHS Trust to help improve patient diagnosis and treatment. The Trust plans to establish a specialised imaging centre next to the Heart Centre, creating a combined Cardiac Medicine, Cardiothoracic Surgery and University of Oxford Echocardiographic Unit to help improve existing facilities

Cellular Immunology Research helping patients with antibody deficiency and rheumatoid arthritis. Many patients whose immune system is not working to full capacity tend to get more infections than healthy people. Research hopes to find more precise ways to help diagnose infections in such patients by detailed examination of how each person's immune response is coping with individual viruses or bacteria. These new tests could be valuable in helping to diagnose all sorts of infections leading to more effective use of antibiotics and antiviral drugs increasing the quality of life for patients with chronic diseases

Ward 7B Fund. Ward 7B and associated level 7 wards of the JR are acute medical care wards caring for patients with a range of conditions such as stroke, asthma and diabetes. Staff are fundraising to provide an enhanced environment for patients, their families and colleagues

Heads Up. Head and neck cancer affects more than 8,000 people in England and Wales each year. Survival from this disease is improving but many will be left with lifelong and devastating side-effects as a result of major surgery, radiotherapy and/or chemotherapy. Heads Up raises funds to improve our knowledge of this disease and to help patients. Over the last 5 years Heads Up has funded a Research Scientist at the University of Oxford whose remit is to conduct research into the causes and biology of this disease to produce more effective and less invasive treatments

Cancer Care Fund. Continuing the success of the Cancer Centre Campaign this Fund was created to help support cancer related causes across our hospitals, ensuring further improvements in services and facilities can be made and that we are able to keep up with the very latest medical developments

THE ABSEIL!

Entry Form



OXFORD RADCLIFFE HOSPITALS
CharitableFunds

Manor House, Headley Way, Headington, Oxford OX3 9DZ.

Tel: 01865 743444

Fax: 01865 222469

or email: campaign@ouh.nhs.uk

www.orchcharitablefunds.nhs.uk

Registered Charity Number: 1057295

Title

First name

Surname

Date of Birth

Age

Address

Postcode

Telephone

Email

Why have you signed up for this event?

How did you hear about this event?

Please complete one form per person and include £10 registration fee for each participant, making cheques payable to the Fund you are supporting. Please complete details below if you are paying by card:

Card No.

Issue No.

Issue date

Expiry date

Security code

Please select (✓) the Fund you are abseiling for (*Details overleaf*):

SUNDAY 22 APRIL

- Coasters (9am - 10am)
- Post Acute Unit (10am - 11am)
- I.M.P.S. (11am - 12 noon)
- Silver Star (12 noon - 1pm)
- Heart Centre Campaign (2pm - 5pm)

SUNDAY 17 JUNE

- Cellular Immunology Research (10am - 11am)
- Acute General Medicine (11am - 12 noon)
- Heads Up (12 noon - 1pm)
- Cancer and Haematology Centre (2pm - 5pm)

I agree to try and raise a minimum of £100, confirm that I am over 18, and declare that I am medically fit to take part in this event. I understand that all participants enter at their own risk and that the organisers shall not be held responsible for any injury, loss or damage as a consequence of participation in the event. If I have a medical condition which may be affected by my taking part in this abseil, I will make the organisers aware.

Signature

Date

Return completed form(s) to: INSERT YOUR FUND NAME
THE Abseil, Charitable Funds, Manor House, Headley Way, Oxford, OX3 9DZ.
Telephone 01865 743444